

# E-COSMOS PROJECT

# 1<sup>st</sup> Workshop

Madrid, 12th & 13th January 2011

#### Accommodation 1.

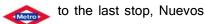
Booking was arranged for all participants at the hotel Embajada, 5, Santa Engracia Street, 28010 Madrid.

www.nh-hotels.es/NH-Embajada | e-mail: nhembajada@nh-hotels.com tel. +34.91.5940213 | fax: +34.91.4473312

#### Travelling by Tube:

The nearest subway station is Alonso Martinez, which joints Lines 4,5& 8 and the hotel is 2 minutes away on the subway.

To get the hotel from the Barajas airport, use the subway line 8



Ministerios, then switch to line 10 until Alonso Martinez and exit via Santa Engracia Street. Once in the street, walk 20 meters straight ahead, get across the street on the first crossing on your left. Turn right, walk around 100 meters and the hotel will be right on your left.

For more information about travelling by train/tube in Madrid you may find the following websites helpful:

http://www.esmadrid.com/en/portal.do?IDM=38&NM=1&TR=C&IDR=98 http://www.ctm-madrid.es/index2.jsp

### 2.

The conference will be held at the FIDTA (Research and Development Food Work Foundation), 14-16 Marqués de la Ensenada Street, 28004 Madrid. The nearest tube station is Colón, which is on line 4 (about 10 minutes walk from the hotel). The nearest subway station is Alonso Martinez, (access to lines 4 and 10, approximately a 6 minute walk from the hotel).

All breaks will take place in the snack bar downstairs, which is outside the hotel, next door on your right. The main session room will be the office nr.10 (1<sup>st</sup> Floor)

## Walking from the hotel to FIDTA

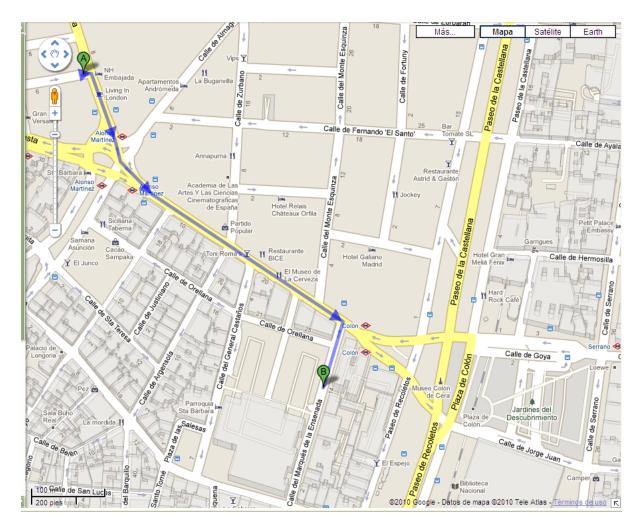
From the Embajada Hotel, on leaving the place turn right and walk along Santa Engracia Street until the first zebra crossing. Use the zebra crossing and the three steps around the Alonso Martinez Square, walk down Genova Street, turn right on the 5<sup>th</sup> block, FIDTA is about 200 meters on the left.

For more information about moving around Madrid check www.esmadrid.com/callejero/jsp/tpi/callejero.jsp?pmlang=en

For dinner on January 11<sup>th</sup> we suggest the following restaurants in the area:

- Isla del Tesoro, vegan restaurant | 3, Manuela Malasaña Street (www.isladeltesoro.net)
- El Barrio, popular restaurant | 2, Fernando VI Street
- Lizarrán tavern | 11, Genoa Street (www.lizarran.es/eng/home.html)
- Plaza 66, mediterranean food | 9, Genova Street (www.paginasamarillas.es/fichas/ig/plaza-66 013212980 00000002.html):

For more information about restaurants in Madrid check: http://www.esmadrid.org/en/portal.do?IDM=435&NM=3



#### 3. Accessibility & Dietary Requirements

Please inform Luis Cuena at <a href="mailto:least-accessibility">least-accessibility</a> requirements at least a couple of days in advance, as we need to make arrangements with venues.

A special service for vegetarians is included in the catering, but if you have specific dietary or nutritional requirements (allergies, etc) please contact Luis Cuena (<a href="lcuena@ccoo.es">lcuena@ccoo.es</a> at least two days in advance, otherwise it may be difficult for the venue to meet your needs.

#### 4. Appointment

On January 12<sup>th</sup> -13 <sup>th</sup> at 8:45 a member of the trade union organization identifiable with the logo CCOO will meet you at the entrance of the hotel and lead you to the venue where workshops will be held. The plenary session will begin at 9.00 am at FIDTA (14-16, Marques de la Ensenada Street, 1<sup>st</sup> floor).

# 5. Workshop Programme

A full programme will be distributed to participants at the beginning of the working sessions. Paper copies of presentations, handouts and brochures about mobility will be included in the packs whenever possible.

#### 6. Breaks

Tea/coffee breaks and lunch are included in the costs of the workshop. Please advise us of any special dietary requirements at least 2 days in advance.

#### 7. Workshop Personnel

There will be a number of CCOO members available on these days, including Manel Ferri and Luis Cuena to help with requests and queries.

# 8. Feedback

We welcome all feedback from delegations and consultants as it will help us shape the content, style and organisation of E-Cosmos events. An online survey will also be available after the workshops.

# 9. Contact Details

Should you have any further queries, please do not hesitate to contact Luis Cuena on +34 917 028 169 or <a href="mailto:leuena@ccoo.es">leuena@ccoo.es</a>